

THE 2006-2007 REGIONAL AND COUNCIL
S'GANIOT OF THE B'NAI B'RITH GIRLS PRESENT
TO YOU

THE S'GANIOT
PROGRAM
BANK

Compiled with Undying Love and Respect by
Rachel Gertrude Kleinman
62nd International S'ganit

BBG PROGRAMMING IDEAS

from the North Texas-Oklahoma B'nai B'rith Girls
compiled by Morgan Beth Dawer 22nd Regional S'ganit

Community Service

- Bowling for (insert cause)
- Canned food drive
- Clothes drive
- Park clean-up relay (split into teams, hand out trash bags, and use timer)
- Race for (insert cause)
- Shabbat bags for the elderly (include challah cover, candles, and personal card)
- Tutoring

Creativity

- Murder mystery
- Newspaper Fashion Show
- Trade-up 'scavenger hunt' (each group starts with a penny then makes trades for items of greater value. Team with most valuable item at end wins)

Jewish Heritage

- Bat Mitzvah for chapter mascot
- Inter-faith service
- Israeli guest speaker/ culture night
- Judaism through the ages (learn about what Jewish teenagers did in the 19th century, the 60's, the 80's, etc)
- Mock Israel trip (take members through most popular sites- Kotel, Dead Sea, Tel Aviv, etc- by creative means)
- New Years (Rosh Hashanah) party
- Visit Holocaust Museum

Recreation

- Food fight
- Fruit baseball

- Jell-O wrestling
- Twister with a twist

Sisterhood

- Big Sis/Lil Sis
- Camping overnight (rough it)
- Chapter reunion (invite back old advisors and Life members)
- Spa overnight

Social Action

- Breast cancer awareness (invite a doctor or nurse to speak)
- Global Warming & Recycling
- OB/GYN Speaker
- Organize a protest
- Visit Women's Museum
- Write letters to politicians (about issues pertaining to young adults and Israel)

**NORTH TEXAS-OKLAHOMA,
NTO'S THE BEST
HELL YEAH, LISTEN UP
WE'RE BETTER THAN THE REST!**



Program Ideas!

SUBMITTED BY...

TALIA LOEWENSTEIN

ROCKY MOUNTAIN REGION

Mother-Daughter Food Auction

Mystery Night

Life Clue

Quote Blankets

Jewish Gingerbread Houses

Spa Day

Yoga Night

80's Workout Night

Powderpuff Football

Scavenger Hunt

Ice Block Racing

Pool Shabbat

5 Course Dinner with Service

Jewish Sex Talk

Chocolate Seder

"Jews" Line is it anyway?

Mini-Maccabia

Mock UN: Discussion Israel

Iron Chef

Fashion Show

Pottery Making

Dream Journals

Art Class

OC/Grey's Anatomy Night

Salsa Dance

Father-Daughter Dance

Father-Daughter Hike

Stuffed Animal Jewish Funeral

ABC Night

Back to Old Times...

Culture/Ethnic Food Night

Countries Night

Make a Movie Night

Chapter Calendar Making

A is for...

Apple picking
Aerobics
Australia
AIDS
Aladdin
Anti-Semitism
Anti-war protest
Advisor appreciation
...A-thons
Aqua sports
Adopt-a-Road

B is for...

Barbeque
Barney Day
Boundary Breaking
Basketball
Buffet
Berry picking
Brunch
Brownie Bake-off
Bike ride
Big sister/little sister
Backwards day
Bowling
Bears
Bumper cars
Boating

C is for...

Costumes
Can drive
Camping
Cooking
Casino night
Candy making
Cake decorating
Chanukkah
Color theme
Chapter pictures
Candle making
Culture night
Circus
Comedy club
Civil rights

D is for...

Dream interpretation
Dancing

Donut day

Diversity
Double Dare
Ducks
Drug education
Dinner party
Donations
Deliver food
Dinosaurs

E is for...

Eating disorders
Ethiopian Jews
Embassy Day
Egg-drop contest
Europe

F is for...

Fundraising
Fruit smoothies
Foreign food
Friend swap
Fishing
Food delivery

G is for...

Green
Grandparents
Generosity

H is for...

Hypnotist
Help at the JCC!

I is for...

Israel
Independence
I\$F

J is for...

Judaism
Juice
Jungles
JEWISH!
Joke telling

K is for...

Karaoke
Kissing booth
Kite flying

L is for...

Ludacris
Love
Lion King

M is for...

Music
Magician
Money making
Model UN
Mock trial
Meals on Wheels
Memory jars
Mess-a-thon
Midnight Madness

N is for...

Night at the races
NAFTA debates
No-sleep-a-thon

O is for...

Obstacle course
Orange popsicles

P is for...

Paintballing
Ping-pong
Purim Carnival
Pro sports game
Photo contest
Parades
Pen-pals
Parent weekend
Psychic night pasta party

Q is for...

Quilts

R is for...

Recycling
Relations: Arab/Israeli
Rosh Hashanah

S is for...

Self-defense
Spa therapy
Slide shows
Superlatives

Singing Contests

Sign language
Soviet Jewry
Silent dinner
Shabbat

T is for...

Theater fest
Twins
Themes
Time capsule
Traditions
Tzedakah

U is for...

Unicycling!
Ultimate Frisbee

V is for...

Vendetta
Vampires
Video yearbook
Video scavenger hunt

W is for...

Water slides
Wave pool
World cultures
Warm fuzzies
Wedding ceremony
Women's shelter

X is for...

Um... nothing

Y is for...

Yiddish
Yodeling
Yellow

Z is for...

Zoo
Zionism
Zombies

With undying love,
Ariel Elana Skalka
DC Council Sganit

Programming Ideas from ECR!

Scavenger hunt
ice cream party
israeli boot camp in the snow?
Oscars
Baby Moses Movie night (♂Chirstman
Eve♂)
Citywide Kallah
MiT sleep over lots of bonding, and
can incorporate every fold
Winter Wonderland
Chapter car wash
Mock seder
Rock Climbing
Spa night
Chapter Shabbat dinner
Mother/Daughter brunch
Capture the flag
The OC Night (or any other popular TV
show)
Jewish Taboo
Book of the Month

Jewish trivia games
Watch a movie (such as The Chosen)
and have a discussion
Girls Night Out *or* Girls Night in
Laser Quest
Record Breakers (separate into
chapters and attempt to break as
many BBYO records as possible)
Newlyweds (have every girl bring her
boyfriend OR good guy friend, and test
them on how well they know each
other!)
Watch the Jewish episodes of popular
TV sitcoms (eg. Family Guy, Seinfeld,
Friends, The Simpsons etc.)
Back to Your Childhood (have a day of
playing everyone's favorite childhood
games duck duck goose, red rover
etc. Have everyone bring home videos
or pictures, and spend some time
reminiscing!)

Submitted with much love and dedication,

*Jackie Selina Huberman
Regional S'canit of the Eastern Canada Region*

The BEST programs I've EVER been to:

Jennifer Ariel Nelson
ONR 21st Regional S'ganit

Hillel BBG A-Z: Hillel BBG #614 made a really cute book of traditions while going through the alphabet. Each tradition was read and introduced to new members. Also, many of the traditions were carried out through the program. The whole meaning of the program was to rejuvenate old traditions of the chapter.

Now and Then Program: Even though a movie night is usually the lamest and most uncreative type of program, the Now and Then program that I attended had a twist to the traditional movie night. Before watching the movie, the girls played hopscotch and colored "get better soon" cards to bring back old childhood memories. After watching the movie, the girls were back into the "Now" stage and we discussed serious topics on the movie like pregnancy and "adult" things.

Yummy Tummy: Yummy Tummy is where a chapter makes cookies and other deserts around the holiday time and donates them to fireman/policemen in their local communities.

Trick or Treat for Canned Goods: In this program girls walked around a neighborhood and went door to door to ask for canned goods to donate to a homeless shelter around Halloween time. Instead of asking for candy for themselves, girls generously ask their communities to donate to the less fortunate. Also, before the actually program occurs, fliers are sent out to the neighborhood ahead of time so that they are prepared with canned goods to donate.

Senior Membership Drive: Rather than having just a normal membership drive for MITs, you can easily revive your senior dropouts by having an entire activity for them. Have a group of girls from a chapter come to each of the seniors' doors and have a gift basket with cookies, candy, AND a membership form for them to fill out right then and there! Seniors are very busy and they might want to reregister, but may not actually have the time, so seeing younger members so involved about their chapters could easily make them remember how fun it is to be a BBG!

MIT-Nic- The MIT mom takes her MITs to a picnic! Each MIT brings one of their favorite dishes while the MIT mom plays picnic games such as red rover and scavenger hunts that involve BBG traditions and rituals. They will learn and have fun at the same time!

Kidnap Breakfast: One of the best traditions in Hillel BBG is their Kidnap breakfast. Each MIT is kidnapped very early in the morning and blinded folded, set into a car, and brought to a park. (Of course, their parents are called beforehand) After they are let free in the park they are each spread apart randomly throughout the park and told to open up their blindfolds. After this, they see that all of their MIT class is there in their PJs in the middle of the park. Then they are taken out to breakfast by the rest of the chapter!

Abbie's Pretty Program Page St. Louis Council S'ganit

-Every chapter create quote book (no meeting gets left without an opening and closing quote!), scrapbook, BBG 10 commandments (thank you Sarah Strum's platform), new MAR cheers/songs, creative spooey ingredient lists and chapter quilt.

-Culture Night: Different booths, each representing a different part of the world, with food, music, clothing, pictures, facts, games, etc.

-Smores n' Skating Night: Go to a local ice skating rink during the winter and then go back to one of the girl's house for a fun-filled sleepover with yummy smores by the fireplace!

-Spend an exciting day at an amusement/water park, like Six Flags! See how many roller coasters everyone can ride in one day!

-Volunteer your time at a hospital, nursing home, orphanage, food pantry, battered women's shelter, etc.

-For fundraising, have every girl in the chapter collect 2-3 recipes from their mothers or grandmothers and create a cookbook. Use the money to benefit more chapter programming, or give it to charity!

-Get a representative from a local social services place to come lead a discussion. Ex: ACLU, ADL, Planned Parenthood, etc.

-Family Pasta Night/Talent Show

-Health Day: Serve all healthy foods, list all nutritional information and random facts about healthy alternatives, educate about living a healthy lifestyle, put on a workout video like yoga or tae kwon do or aerobics and get pumped together!

-Teach weird/obscure prayers. Ex: Hebrew prayers for going to the bathroom, having sex, dropping a plate, getting your hair cut, etc.

-B runch in' w ith Bubbe: Pick a Sunday morning to either go out to a breakfast restaurant or order in some bagels and cream cheese. Have all the girls bring their grandmothers. A perfect opportunity to nosh and shmooze with Bubbe!

-Play "Somebody Loves Me". Pass around sheets of paper with one chapter member's name on each paper and write something nice about them. At the end of the meeting, everyone receives their own paper back and sees how much everyone loves them! CONFIDENCE BOOSTER! (good to implement at a meeting during a stressful week at school!)

-Scavenger hunt in the mall. Each group video tapes their adventure. Have the list be really weird things. Ex: get fitted at Victoria's Secret, ask for a kiss from a random employee, go around offering massages, etc.

PROGRAMS

Glow in the dark scavenger hunt in which glow in the dark items are hidden outside. The smaller the object the more points its worth. We did one two and three points. To add a twist we had teams of three, which had to have linked, arms at all times. If they let go, each team member had to do five push-ups. At the end we added up the points and the team with the most got a prize.

Snowman building competition

Create whip cream pies with m&m's in it. The goal of the activity is to pick out the m&m's with your mouth and create a heart on paper towels only using your mouth. It is a competition.

Create a funny skit based on a Jewish holiday

Purim Masquerade in which you tell the story of Purim. Have a costume contest-you can have many categories. Create groggers or masks.

Make your own Havdallah kit

Insecurity Program: Each girl writes insecurity on a note card. One person walks around and collects all the note cards. Each girl puts a blindfold on so that no one knows who has which insecurity. One person (who is leading) the program reads every insecurity off. Then throw them into a fire and explain how BBG removes your insecurities or how everyone has an insecurity even the most confident people.

Way to establish partners: cut shapes out of construction paper then cut each shape in half but in a jagged way. On each half write a girl's name. The girls have to find the other girl that completes their half. This girl is their partner

Decorate cookies in partners. Each partner decorates the cookie to her partner's personality.

Before the cookies are eaten have groups of partners assemble into a larger group and explain the cookies. It should get very funny. Then eat them.

Battle of the Sexes

Haunted hayride

Mess Extravaganza: paint twister. Cover each dot with a little paint. Pudding wrestling. Slip n slide with chocolate sauce. Paint wars. Put a splash of paint in balloons and throw them. Or use plastic spoons to flick paint at people. Turn it into a huge paint flicking battle. Basically the day equals pure mess and fun.

In my game...go around and state famous mottos with in my pants at the end. Snap crackle pop in my pants. Taste the rainbow in my pants. Kid tested mother approved in my pants.

Miss Ugly Contest complete with ugly entertaining talents

Decorate your own mirror on the Jewish day of reflection

Go to a high ropes adventure course or do team trust activities to build trust

A 90's party

-Rachel Mervis S'ganit of CRE-

Program m ing F rom N E R S 'g an it E ric a S alk

Sisterhood

- make bracelets with all different colored beads , and each girl will put a bead on her bracelet that pertains to her. For example, the red bead could be for every girl that ever got jealous over a friend, or pink could be for a girl that ever regretted something she said behind a friends back, etc. The person leading the program could say "P lease place your pink bead on if... ".
- do a trust walk where girls are in pair and one closes her eyes and the other partner leads her, or trust fall, and then have a discussion about trust
- have a program about what BBG means to you

Creativity

- make something to go along with the theme of an event or meeting, for example, you could have a meeting and eat Chinese food for dinner, then make fortune cookies at the end by origami, and write fortunes inside and exchange them with other girls
- decorate something, maybe a tzedaka box which could be used for community service
- have one girl start writing a story, maybe two sentences. Then, the next girl will read those two lines and add to the story. The third girl will only be able to see the lines that the second girl wrote, and so on and so forth until everyone write only reading what was written directly before them.

Recreation

- go lasertagging
- go iceskating
- invite your brother chapter to play Frisbee or kickball or dodgeball, etc.

Social Action

- have a guest speaker for a topic
- make red or pink ribbons (Aids and Breast Cancer) and sell them and then donate the money for community service
- have a program about eating disorders, a disease, or a world topic like the war.

Community Service

- make a tzedaka box and collect money at the beginnings of meetings
- have an ongoing can drive
- have a knit- a – thon and donate scarves to a shelter in the winter
- sell ribbons and donate the money (see social action)

Jewish Heritage

- have a Holocaust Remembrance Program
- Split people up into groups, and pass out a copy of a story from the torah to each Group. Have them work together to read it and think of which holiday the story goes with, and present it to the rest of the groups. For example, Jonah and the Whale for Yom Kippur
- have a program on the Israeli Army

Program Ideas from Lauren Cabrera, Baltimore Council S'ganit

Some chapter programs are:

Sukkah decorating/pizza night

Iron chef battle of the chapters

fear factor battle of the sexes

hershey park day followed by a chocolate shabbat

ice skating and hot chocolate/coffee date night

before sweetheart/heartthrob

Some council programs have been:

"kibbutz life" BBG SHABBAT with programs like
tolerance talent show, kindness coins, pilates and
yoga, tie dye relay races

laser tag council kickoff

council variety show

council service auction

North Carolina Council BBG Programs!

Sisterhood

- 6 PMS Party- Get all the girls together and have a party where you only serve chocolate, watch chick flicks (ones that make you cry!), and have a station set up where BBG's can write whatever is bothering them and then place it in a box. At some point in the night everyone with gather together and burn the papers and get rid of all their problems! Also the attire required is the most comfortable clothing they own!
- 6 Sisters Standing Up- have a self defense class for BBG's
- 6 Sister's Survival Trip- have a sisterhood camping trip complete with smores, star gazing, and this is the perfect time for a breaking boundaries program- the girls will never forget this trip!!!
- 6 Sisterhood of the Traveling Shirt- at a sisterhood sleepover get one large blank t-shirt and decorate it. Then for the next year pass it around week by week in a certain order. Make rules for the shirt like in "sisterhood of the traveling pants!"

Community Service

- 6 Equip a shelter scavenger hunt- In this program, chapter/regional members will go on a scavenger hunt to provide a homeless shelter with needed items. When planning, contact the volunteer coordinator at a local shelter (explain what BBYO is and what you want to do. Ask what items the shelter is in need of). Based on the needs of the shelter, make a scavenger hunt list with points assigned to each item (ex: shirt-25 points, canned food- 10, etc.). At the end of the hunt, the group with the most points will win a prize and the group that has at least one of each item on the list will also gets a prize. Then go as a group to deliver the items.
- 6 Build together- along with other youth organizations (Jewish and/or non-Jewish) combine to have a collective build day where you all help build a house for Habitat for Humanity
- 6 Cemetery Cleanup- clean up your local Jewish cemetery
- 6 Big sisters/ Little sisters- have your chapter work with your local Big Sister/Little Sister program to counsel at-risk youth

Jewish Heritage

- 6 Branching out- hold a program that illustrates the different branches of Judaism (have rabbis from each come)
- 6 Rockin' Out- have your chapter/regional Sh'licha make a cd of new Jewish music and then give them out to everyone.
- 6 Lifecycles- have a program where you act out the Jewish lifecycle (from briss to shiva)
- 6 ISRAELI DANCING!!!
- 6 Have discussions about things like G-d's presence, Israel, religious connectivity, etc. by starting with a provoking question
- 6 Have a Bat Mitzvah party for your chapter mascot!
- 6 Learn about life on a kibbutz. Then make a mini kibbutz out of random supplies (Popsicle sticks, straws, etc.)

Recreation/MBA

- 6 Yenta Night- have a "mystery date" night in your chapter/region. Have a kooky survey prior to the night (questions like "Which Disney character would you prefer to go on a cruise with?" "a) Simba b) Sebastian c) Nemo...etc") and match them up by these results
- 6 BBG Powder-puff Football Tournament!- AZA chapters will serve as coaches and cheerleaders. Hold practices and education about football before the convention where the tournament will be held at. This can also be a great fundraiser! Also spirit can be competed by the AZA cheerleading squad!!!
- 6 Pool party, Bowling, Laser Tag, Go-Carts, Skiing, Sailing, etc.
- 6 Progressive dinner- start at ones person's house for appetizers, then go to another house for salad, then another for entrée's, etc.
- 6 Color war!
- 6 Yoga followed by a low-fat meal and nutrition program

Social Action

- 6 Darfur program (can also be a paralleled with a Holocaust program)
- 6 Political activism program
- 6 Hold a joint racism / anti-Semitism program with local groups and churches, mosques,, etc.
- 6 Environment- How to respect our environment and how this IS a Jewish value!!!
- 6 Newscast- at regional./council/chapter meetings have someone (social action chair if you have one) report at each meeting important news and how we can act on it

Creativity

- 6 Creative Cookie- give each girl a plain sugar cookie and have everyone decorate them and then tell everyone why they decorated it a certain way (also you can have certain toppings symbolize something about the BBG-ex: red sprinkles are for passionate, etc.)
- 6 Vegetable/ Fruit races- members may bring any kind of fruits or vegetables which they must then (with a team) create the best vegetable or fruit mobile- one that will roll the best down a ramp. Whoever wins gets a prize!
- 6 Random craftyness- supply members with random materials-each constructs their own creation
- 6 Talent show!
- 6 Mural Madness- have each member paint/draw a picture of what BBG means to them or has given them- then cut the pictures up and shuffle them and randomly piece them together to make a colorful and beautiful mural!

Submitted with undying love for: S'GANTIS! Programming, six folds, Eastern Region, North Carolina BBG, T'Cheeyah BBYO #5069, you, me, BBYO and BBG,

I remain Austin Stewart Bloom, 2006-2007 NCC S'gent

Program Ideas

Emily Giller, S'ganit MAR-CBC

Mystery Date Night- the guys and girls get set up with random BBGs and AZAs from their council.

BBG Bonding Night- A fun filled sleepover were the BBGs focus on sisterhood and getting to know the girls within their council.

Sports Night- BBGs break up into teams and compete in various sports such as Basketball, beach volleyball etc.

Chapter Color Wars- All Chapters compete in various events for and ultimate prize.

MIT/Rush program- Have the MITs of the council think up a program and help them set a date and actually put into action.

Council Kick Off- Go Bowling or swimming, just get the council involved.

Scavenger Hunt around the mall- Ask stores if they would allow the girls to hold a scavenger hunt in their stores... complete with questions and a prize at the end.

BBG Service Night- All the BBGs attend services at a synagogue of their choice and then go back to someone's house for Shabbat dinner.

Jewish Movie Night- Get the entire council together to watch Jewish movies such as Munc and then end the night with a discussion about how the movie affect each person.

Blast from the past- a great program for Halloween, all BBGs dress up in costumes that represent BBG s through the decades. This could include 70's, 80's etc. This is a program based around sisterhood and creativity.

KIO CHAPTER
PROGRAM BANK

as compiled by Regional S'ganit Rachel Schneider
February 2006

Community Service Program Ideas:

Collect and distribute "kosher for Passover" food for the needy
"Toys for Tots" drive for the holidays to benefit needy or sick children
Sell pink ribbons to support Breast Cancer research and donate the profits to a Breast Cancer Organization
Go to a nursing home and paint ladies' fingers
Volunteer at a soup kitchen
Put children's stories on tape and donate them to a shelter for the blind
Go to an old aged home and have the women teach your chapter to knit
Dress up as clowns and visit a children's hospital
Make coloring books for children at a children's hospital
Collect and donate old cell phones to your local police domestic violence unit or the community's domestic violence network. Used cell phones still dial "911".
Collect and donate kids' videos to a hospital. Make sure that they will be aloud to take the video home if they want to.

Creativity Program Ideas:

Paint bagels- paint mini bagels and hang them from strings as necklaces
Go pumpkin picking and see who can carve the best pumpkin
Make chapter friendship bracelets and necklaces
Make sisterhood candles
Make a chapter quilt with a patch for each member
Hold a finger painting night
Hold a pizza making night- award the most creative looking pizza after they are baked
Have a bake-a-thon

Jewish Heritage Program Ideas:

Anti-Semitism service- invite the whole city and include Hebrew prayers as well as readings on anti-Semitism.

Pre-Passover Pig- Out night- learn why Jews cannot eat bread on Passover, the meaning of Passover, and pig-out on chametz
Program dealing with Israel's relation to the Holocaust. Discuss how the peace process could affect Israel's status as a haven for Jews.
Have an Israel education program. Do army simulations, involve food, and educate members on our Heritage.
Have a grandmother of one or more members teach the group to make a "Jewish Meal". This may include matzah- ball soup, challah, kreplach, and more. Then invite the grandmother to join BBG in a nice Shabbat dinner followed by a creative service.

Recreation Program Ideas:

Mall scavenger hunt
Play power-puff football and make the guys chapter your cheerleaders
"Battle of the Sexes" program
80s Jam or a revival for any other decade. People can dress up and you can serve food and do activities that fit the time period.
Sillyolympics- pie tosses, root bear guzzling, wheelbarrow racing, three-legged racing, etc.
Flashlight tag

Sisterhood Program Ideas:

Awards night- distribute awards and give out little prizes that pertain to the award

Social Action Program ideas:

Sex offense speaker- they can speak about different types of sexual harassment and how to handle these types of situations.
Do an environmental issues campaign
Write letters to your congressman about gun control, or other issues that concern you as teenagers today
Invite a police officer to your chapter to talk about what happens when a person is caught with drugs
Do an obstacle course where each member has one physical disability

Ashley Neider

Gold Coast Region BBG

Program bank:

- pillow talk- this is one of my favorite programs done in my region. Instead of doing a regular good and welfare we had everyone come in pajamas. As well, everyone was told to bring a pillowcase
so while they were talking the pillowcase was passed around and each girl wrote something on the pillowcase.
- life boxes- each girl brought a shoe box and was given art supplies to decorate the shoe box. This way they could start collecting items for their lives at the end of senior year.
- link game- one girl started by talking about herself and when she said something that someone else had in common the other person linked arms with the preceding person and so on. No one can repeat a characteristic so it shows how all the girls are linked in some way. (for example: I would say "Hi my name is Ashley and I went to Israel this summer" then if someone went to Israel they could come link arms and start talking about themselves)
- "what do you see in this box" good and welfare- the coordinator puts a mirror in a box and each girl has to go around and say one good thing about what she sees in the box (no one else knows it's a mirror). It's a very inspirational program
- mother/daughter luncheon- the mothers and daughters went out to lunch together so the mothers could learn more about what we did in BBYO
- couples game- (this is a really cute icebreaker) give out pieces of paper with half of a famous couple on it (one paper says brad the other says Angelina) and make them find each other. Once they find each other have them ask one another a few questions about themselves.