

Live, Love, Ladybug Laughter Night

11.06.10

By MICA and ARIELLA

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- 6-11 pm
 - **GOAL:** to make everyone's cheeks hurt by the end of the night!
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 - **6 folds:**
 - Jewish Heritage
 - Social Action,
 - Community Service,
 - Sisterhood/Bonding,
 - Recreation
 - Creativity
 - **ROUGH DRAFT OF TIMELINE**
 - 6:15-6:40: Mixer
 - 6:45-7:20: Dinner
 - 7:20-7:45: Mirandas Program
 - 7:50-8:30 Improv. theater games(jello, watcha doing)
 - 8:35-9:00- Cookies decorating (ladybugs incorporate)
 - 9:00-9:30: Havdallah
 - 9:35-10:25 Quotes program-comedians
 - 10:30 Body Shapes (and chilling)
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 - **MIXER**
 - If you were a comedian, what would your stage name be? And what type of jokes would you be known for?
 - Based on what type of jokes you would tell, get into groups with people who said the same thing.
 - Ex: marriage joke, food joke, etc.
 - Each group will make a commercial based on what subject they said

DINNER/FOOD: 6:45

- Dinner: Chicken (side) Salad with fresh bread because people keep kosher (Italian, or asian/ balsamic vinaigrette)
- Dessert: decorate the brownies or watevsiiesss!

● Miranda's program

● Improv:

- **GAME INSTRUCTIONS AND PLANNING**

- **Jello**

- **A.** It is called jello.
- **B.** Everyone stands in a circle. One person goes around the circle and shouts a command at someone and count to 3. They person (and sometimes people around them) must do the exerise before "3" Their action depends on the command. Common commands include:
 - 1. Jello "jello...one..two...three"- the person pointed at flails and makes glub noises. the people on either side of them hold their arms around them to create a bowl.
 - 2. Airplane "airplane...one...two...three"- the person pointed at makes goggles with their figures. The people on either side spread their arms out to be wings.
 - 3. Vikings "vikings..one..two..three" - person pointed at makes horns on their head with figures and says "velcome to norway" or "harnaharnahrana". People on either side make rowing motions and say "harnaharnaharna".
 - 4. Bipedibipidi - the "it person" points at someone and yells "bipedibipidi bop". the person pointed at must say "bop" before they get to it.
 - The person out last wins.

- jello
- a viking
- palm trees
- a comedian character!

- **STUFF TO DO:**

- improv (theater) games[freeze, jello, whatcha doing, etc.]
- commercials of stuff
- life-size stuff out of their bodies (ladybugs)
- spelling out words with butt

Havdallah:

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- Cookies:
- Decorating them for each other

- **Serious Quotes by famous Comedians to Comment on for Programming:**

- after each quote ask the following(in two separate questions, let the first be answered before asking the 2nd:
- ***(What do you guys think about this?)**
- ***(How does this connect to your life?)**

- ***{the bulletpoints after each quote is stuff Ariella and Mica may add on after everyone comments their view}***

- “Through humor, you can soften some of the worst blows that life delivers. And once you find laughter, no matter how painful your situation might be, you can survive it.”
 - “ Once when i felt excluded, not wanted to be made fun of, i used humor to make everything better...to make that pain go away, that unwantedness, that hurting inside. “Laughter makes everything better!” -said a friend, laughter just ties your hair back...makes hairs falling from your shoulders all come together, and just makes into a beautiful hairdo.”

- “The road to success is always under construction”
 - You go through obstacles to achieve what you’ve been wanting for your whole life, but nothing can stop you to completing it.
 - Splits
 - Overhand serve in volleyball

- “I couldn't wait for success, so I went ahead without it.”
 - Don’t wait for something to just come to you, go to it. Put in the effort. If you don’t try, you will not succeed.
 - You can’t just wait for someone to tell you something that you hoped you achieved it, but you have to go right ahead and move forward without knowing the real truth about it...hold your head high and complete your doing without having that last ex(drop of apple juice you were craving)

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- “I guess I just prefer to see the dark side of things. The glass is always half empty. And cracked. And I just cut my lip on it. And chipped a tooth.”
 - Mica: “I imagine a lot of people can relate to this one. I know I can. When we have a test and we are worried about studying, do a lot of us not think, ‘OMG I am going to fail!’ and then afterwards end up doing fine?(If you put in the effort, of course!) I think that what we all need to learn is to see the cup half full- ‘OK, maybe I got a C on that test or project, but if I do all my HW and work hard on the next test, I can raise my overall class grade to a B, and if you keep working hard, to an A.

- Life is a great big canvas, and you should throw all the paint you can on it.
 - Get out there: try things! you may not know for sure if you like doing something if you don't try it.
 - In reality, writing an essay to prove one point, can only mean writing that first sentence that explains what was in your essay all along.
- A&M:
- "Guess what, these quotes were told my comedians who have been told to laugh and tell funny jokes all their lives, but now they're writing inspirational quotes..hold your head high..and walk through this path.
- "How do Comedians help people?"(discuss)

Body-Shapes (directions- count off everyone 1,2,3, Then after the groups are set up, give everyone a word that they have to spell out with their bodies as a group. We're going to give you five minutes to figure out how to do this. Use your entire body! after we're going to guess what you are)

- letter "Q"
- flower
- purse
- computer
- dog
- toaster
- table
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